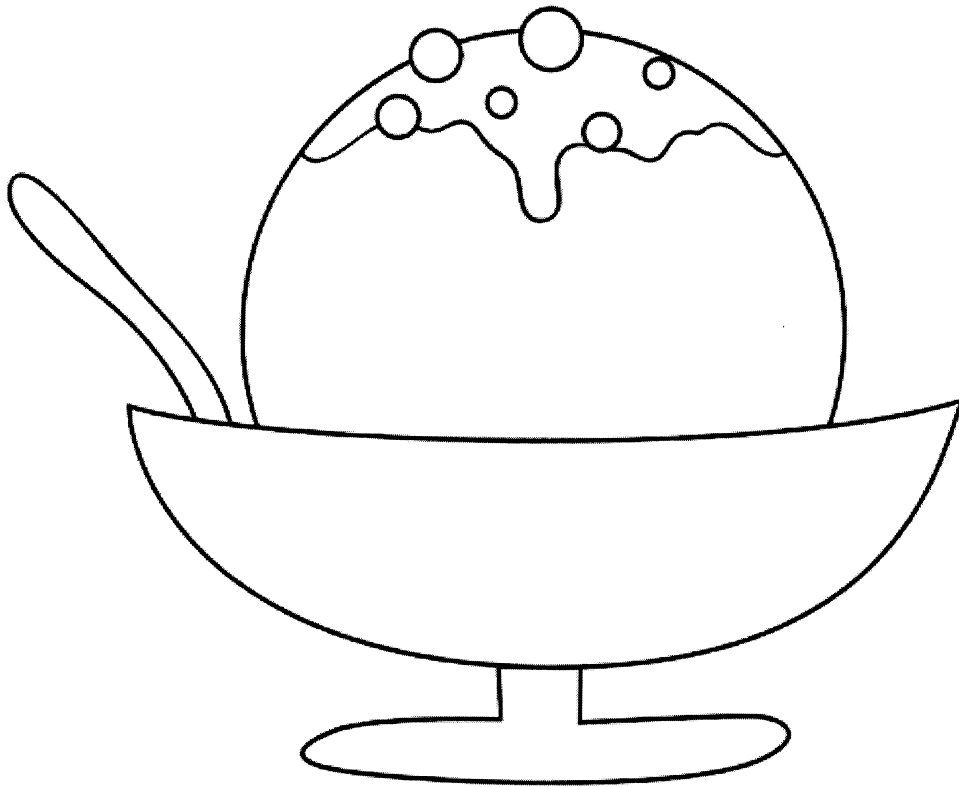


# ICE CREAM



## What you'll need:

- 1 tablespoon sugar
- $\frac{1}{2}$  cup milk or half & half
- $\frac{1}{4}$  teaspoon vanilla
- 6 tablespoons rock salt
- 1 pint-size plastic food storage bag (e.g., Ziplock)
- 1 gallon-size plastic food storage bag
- Ice cubes

## How to make it:

1. Fill large bag half full of ice, and add rock salt. Seal the bag.
2. Put milk, vanilla, and sugar into the small bag, and seal it.
3. Place small bag inside the large one, and seal it again carefully.
4. Shake until the mixture is ice cream, which takes about 5 minutes.
5. Wipe off the top of the small bag, then open it carefully. Enjoy!

A  $\frac{1}{2}$  cup milk will make about 1 scoop of ice cream, so double the recipe if you want more. Larger amounts might make it too big for the kids to pick-up and shake.